

## **Achievements - January 2006 to May 2009**

### **1. SCREENING**

#### **(a) Screening for NCDs at worksites..**

The Caravane de Santé has visited 591 workplaces and screened 49839 people aged 18 years for diabetes, high blood pressure, overweight and obesity and a health card was issued to each of the participants.

#### **(b) Screening at outreach sites.**

62382 people have been screened from 208 sites of the community.

#### **(c) Screening for Breast & Cervical Cancer at worksites and in the community**

13679 women aged 30 to 60 years have been screened for breast cancer and 10363 for cervical cancer. Cases with minor problems are referred to Area Health Centres and serious cases are dealt with by the Gynaecologists.

#### **(d) Screening at Secondary Schools. :**

62407 students of Form III and Lower VI from 468 colleges have been screened. 13294 students have been referred for further management and treatment to appropriate health institutions.

#### **(e) Screening at Tertiary Education Level and Industrial Vocational Training Board (IVTB).**

3425 students from 32 institutions have been screened.

#### **(f) Health Promotion Shop.**

The NCD and Health Promotion Shop has screened 22471 people for NCDs and given individual counseling to some 25253 people on health issues.

### **2. PHYSICAL ACTIVITY**

Facilities to practice physical exercise are offered in 6 Health Clubs and 59 localities across the country. Members of women associations and senior citizens and public in general attend.

### **3. EMPOWERMENT PROGRAMME on Non-Communicable Diseases**

#### **(a) Workshops on NCDs.**

The unit is involved in capacity building and empowerment programme for the enhancement of health literacy in the community. Ongoing workshops are also organized to train staff for the Ministry of Health & Quality of Life and of other Ministries. About 267 officers, community leaders and social workers have attended one of the 7 one-day workshops in the fight against Diabetes.

#### **(b) Talks on NCDs and Health Promotion.**

207 talks on issues like alcohol, smoking, healthy lifestyle and diet were organized for about 8,719 participants.

#### **4. RESEARCH**

(i) National NCD surveys have been conducted in 1987, 1992, 1998 and 2004. 5<sup>th</sup> NCD survey is schedule for 2009.

(ii) A comprehensive study on 'Diabetes Surveillance Project' was undertaken in 2007 to study 9688 unique individuals who participated in nationwide NCD Surveys of Mauritius in 1987, 1992 and 1998.

The main objective of the project was to determine vital status, causes of death and hospitalization for cardiovascular disease and to develop appropriate national strategy to combat diabetes and its complications.

#### **5. MEETINGS**

322 meetings with 'Forces Vives', Community Leaders, members of Village Councils, Social Welfare Centres, Community Centres, Religious Bodies, Socio-Cultural Organisations, Women Associations, Senior Citizens, Parent Teachers Associations have been held prior to mounting and organizing community health programmes.